

4 News

Metro

WEDNESDAY 4 May 2005

Under the GRC, students are taught simple and effective techniques



Lim testing the abilities of Goh Shon Hoong.

Helping kids remember what they've read

By KULDEEP S. JESSY

Teacher Vincent Lim, 46, had many sleepless nights thinking of his hyperactive students who were not inclined to commit in their studies.

They could not focus or concentrate on their studies, were unable to relax in class and lose confidence when unable to recall what they had read.

So he began to conduct research, listen to talks and experiment ways to use the mind to its fullest so that he could help his students change their attitude to achieve success in school.

Fifteen years later, his hard work paid off as he managed to train hundreds of students to increase the effectiveness of their learning ability through the Glance Remember Course (GRC).

Under GRC, students are taught simple and effective techniques to study.

The techniques include using the important parts of the brain to do super speed reading, super speed listening and developing their photographic memory skills.

The techniques help students to glance and remember what they read easily.

"Until the age of six, children are able to absorb something very fast as they are using both the right and left parts of the brain.

"However, as they grow up they lose the ability to use the right part as they are trained to use only the left when in school," Lim said.

"So now I help students to use the right part again," he said, adding that adults were unable to learn the skills as they would have lost the "in-born ability" to use the right part of the brain after the age of 18.

Lim, who conducted a two-day



Tan: I am satisfied with the programme

GRC programme for 24 students, aged between eight and 18 in Ipoh on Monday, also taught them to read blindfolded.

Several of the students demonstrated their skills by reading name cards, playing cards and other cards while being blindfolded.

"This is not magic, spiritual or religious. There is also no meditation involved. I only teach students how to enhance their mental energy and use it for their studies," he said.

Programme organiser K.H. Goh said he had read about Lim and GRC in a Chinese magazine.

"This programme is very useful for children as it helps them to remember what they had read," he said, adding that he enrolled four of his children aged between eight and 16 for the programme.

A.H. Tan, who enrolled five of his daughters, aged between nine and 17, said he was satisfied with the programme as his children had mastered the GRC.

His daughter Tan Meng Vei, 17, a student of SM Ave Maria Convent, said she was now able to remember whatever she read.

She added: "I can also read when I am blindfolded."